Hand-washing Procedure

Finish by rinsing and drying hands thoroughly

Rub the fingers in a circular motion of the other hand.

Wet hands and add soap to one palm. Rub palm to palm

M3

Rub the back of each hand with the palm of the other



6 steps in 60 secs to better hand hygiene



Rub each thumb with a circular motion of the other hand



Rub the back of the fingers with the palm of the other hand



Rub palm to paim, interlocking fingers