

The  
**Cleaning  
&  
Infection  
Control  
Practice**

# INTRODUCTION

The risk of infection - whether it is actual or just the fear of infection - plays a fiercely dominant role in a wide range of industries, everywhere from a local cafe to a large hospital. In every one of those industries proper provision for infection control is a legal requirement, but infection control is only considered an isolated practice, whereas infection control and cleaning must go hand-in-hand.

This course teaches you the skills in how to approach infection control and cleaning together, as part of regular cleaning and in more urgent cases that require cleaning and sanitisation techniques.

All your tutors and course developers are all professional cleaners and cleaning consultants with many years (20+ years) of practical and professional cleaning experience in a very wide range of industries.

## WHAT YOU WILL GET FROM THE COURSE

Throughout this course students are taught to think and plan cleaning and infection control, rather than approach the tasks blindly from a set of instructions. This enables the student to take a systematic and professional approach in all aspects, and importantly, a fully integrated approach to cleaning and infection control.

This courses equips the student with:

- ✓ Knowledge of and a thorough grounding in basic cleaning techniques
- ✓ Knowledge of zoning and efficient workflow through zones
- ✓ An understanding of the nature of infections and how they spread
- ✓ An understanding how cleaning and infection control are intricately linked
- ✓ Knowledge of cleaning equipment and detergents, their safe use and how to choose and use
- ✓ Knowledge of the colour-coding system, either to integrate into an existing system or implement a new one.
- ✓ Knowledge of sanitisers and proper sanitising procedures to ensure reliable and repeatable sanitising
- ✓ Skills in adopting a quality management system for cleaning and identifying areas for

## WHAT THIS COURSE IS NOT

This course is not a quick on-line course or a series of cleaning tips, in hope that some of the cleaning tips are valid for what you want. This is why cleaning and cleaners get such a bad press and why so much surface damage is done.

# STRUCTURE

The 7 sections of the course are grouped into 4 segments:

1. **Good Cleaning Management** - This is how the overall cleaning requirement is controlled to achieve high standards. You need to know the most efficient and fastest way to work in an area and zone cleaning delivers it - but it has to be done correctly or it fails.
2. **Good Cleaning Practice** - This section shows you how to correctly use the cleaning techniques
3. **Cleaning and Sanitising Techniques** - You need to know what techniques, products and equipment to use, given the circumstances you will find at any one given time.
4. **Finishing the Clean** - This section looks at what to do after the clean has finished as part of the quality management system in Good Cleaning Management.

# COURSE INTRODUCTION

**What is infection control cleaning and why does it matter?**

Infection control is simply trying to manage a potential spread of infection from person to person and from area to area. This is simple in theory but is hard in practice and management. Hospitals and medical establishments have to try and reduce the risk on their patients while they have them in their care and this is only done by taking measures for control of infective substances. These measures may not always be successful and here we show you why only good cleaning management can solve this problem. You will learn all about this specialist cleaning here in this course.

There is a lot of information to be provided and it's important that you understand it well. Some of the concepts may be difficult to grasp at first but take your time and they will become clearer as you learn more. Cleaning is not an isolated process, done on a whim, but is a fully integrated process from planning through to finishing the work. In most situations this is important but in healthcare and infection control it is even more important.

**MORE HELP?**

**MORE INFORMATION?**

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**START NOW!**

 **CLEANING  
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*Be part of it...*

# SUMMARY OF SECTIONS

## Introduction

Cleaning tasks should follow a systematic approach to be successful, but we also want you to begin to think like a professional. You do the cleaning - you should know how to clean properly and effectively not as you do at home. This requires thought, and planning. But you need to know what to do at any one given time - and this is not just cleaning scheduling. There is a lot more to it than that. This is what this course is all about.

## Preliminary

In order to understand how to assess the risks and effectively control infections, you must understand the basics of how a microorganism transfers from one person to a surface and to another person, or persons. Without this knowledge beforehand, it will be impossible to understand how important cleaning is to infection control.

This section teaches:

- ✓ The chain of infection - how an infection spreads
- ✓ How cleaning and sanitising breaks the chain of infection
- ✓ The importance of Personal Hygiene
- ✓ Correct handwashing techniques

## 1 Good Cleaning Management: The Basis of the Cleaning System

The key to good cleaning management is the combination of keen observation before you start, during and after the clean, and workflow techniques. This section looks in detail at workflow techniques, namely zoning, in order to make the cleaning task as efficient as possible.

## 2

## Good Cleaning Management: The Cleaning System

The cleaning system is the overarching system that controls every part of cleaning and infection control, from planning, through to implementation, to quality review. In this section we introduce:

- ✓ The Cleaning Zone Review - a system to identify causes of concern and action required
- ✓ Cleaning Schedules
- ✓ Benchmarks and Standards

## 3

## Good Cleaning Practice

This section looks at cleaning, not as one task, but as a series of stages, where each stage is planned to make the whole task of cleaning as efficient as possible. This is the essence of lean manning in operation. The section then moves on to cleaning techniques, with particular emphasis on infection control. Cleaning and infection control techniques are all about:

- ✓ What needs to be cleaned
- ✓ Why it needs to be cleaned
- ✓ When it should be cleaned
- ✓ How it should be cleaned

This section concludes with one of the most critical aspects of infection control: Cleaning up hazardous wastes and spills. This guidance is critical to understand when faced with having to respond quickly.

## 4

## Sanitisers and Sanitising

Developing the principles learnt in the previous section, this section focuses

exclusively on the principles and method of sanitising, and the sanitiser product itself. Right from the beginning of this section, the correct method of sanitising is stressed, as poor application can lead to the sanitiser being ineffective.

5

## Cleaning Equipment

This section and the next looks at the tools you'll need in order to clean. Why leave the introduction of the tools towards the end of the course? It is important to note that tools alone will not make for an efficient cleaner, much like paint brushes cannot confer artistic skills. You need to understand the methodology and the organisation first; the tools then put that knowledge to work.

Not all cleaning equipment are the same, they are manufactured and sold to different industries, like mop and buckets sold to the domestic cleaning market, separately to mops and buckets sold to the food hygiene industry. This section emphasises the importance of the correct type of equipment to use, how to identify and care for them.

Failure to use the correct type will make cleaning and infection considerably more difficult and lead to possible cross-contamination.

6

## Detergents & Cleaning Products

Cleaning products are often targeted to specific cleaning jobs, but which one do you use for each cleaning job? This section gives you a detailed and broad-based outline on cleaning products, including interpreting MSDS, dilution and health & safety guidance. This section covers:

- ✓ What you need to know about alkaline, acidic and neutral cleaning products
- ✓ Dilution and concentrated solution

guidance

- ✓ Dilution ratio
- ✓ How to use a MSDS and Technical data sheet
- ✓ Safe use, handling and storage of cleaning products
- ✓ Cleaning product problems and remedies

7

## After Cleaning

The process of cleaning and infection control doesn't stop when the immediate task is complete. Maybe the cleaning hasn't been completed to everyone's satisfaction, or maybe the quality of the cleaning has steadily deteriorated over time.

It is time to conduct an after-clean review and assess the all the problems encountered and suggest ways to improve standards. This section looks at how that should be done and then finishes off with going back to how the equipment and products should be put away, ready for when they are needed again.

## MORE HELP?

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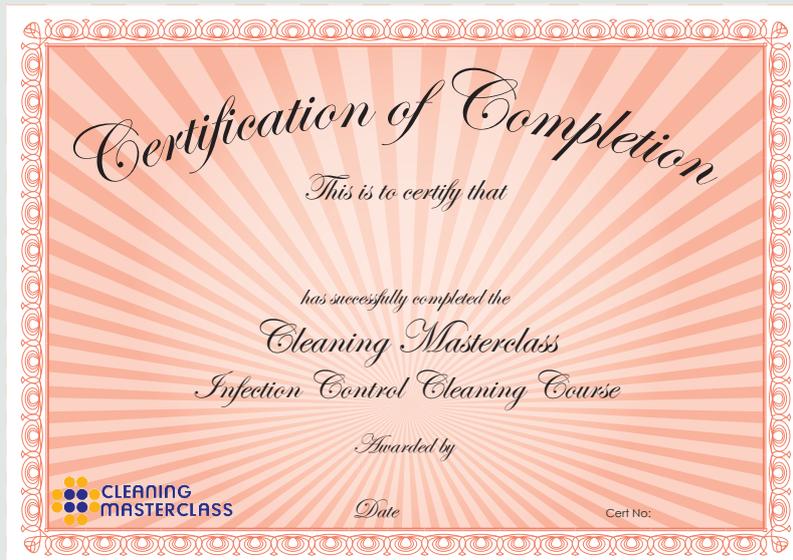
# WHAT DO YOU GET AT THE END OF THE COURSE?

You will receive a personalised certificate (1 per user), each with a unique certification number. The certificate can be validated by simply contacting us.

You will be entitled to use the title of certified Cleaning Masterclass cleaner.

## Where Will This Take You?

This gives you the option of setting up your own business or becoming an associate of ours, at the very least you will be a qualified professional cleaner.



## SUCCESS

Successful candidates will be able to:

- ✓ Clean and sanitise any surface or area, with repeatable confidence
- ✓ Respond quickly and efficiently to urgent cleaning and sanitising of hazardous wastes and spills
- ✓ Analyse an area to be cleaned and know the best way to clean it
- ✓ Work individually or part of a team
- ✓ Analyse an area after cleaning and evaluate the quality, and make recommendations for improvement
- ✓ Work within an existing colour-coded cleaning system, or create a new one
- ✓ Handle difficult or problematic cleaning tasks

## IDEAL FOR

The course is ideal for:

- ✓ Individuals coming into the cleaning industry without any prior knowledge of cleaning
- ✓ Individuals already in the industry wanting to retrain or expand on their training
- ✓ Cleaning companies wanting to train their cleaners
- ✓ Facility Management companies wanting to train their cleaning staff
- ✓ In-house cleaning teams (public and private sector) within the NHS, surgeries, Hospitals, clinics, Veterinary and animal hospitals and healthcare services.
- ✓ Large organisations wanting to train their cleaning staff anywhere in the world

# HOW MUCH DOES IT COST?

For 6 months full access to the course together with expert help when requested.

## Single Account

1 User: £120

## Multiple Accounts

**2 to 5 Users: 20% off total bulk purchase.**

(e.g. 5 user accounts individually purchased would cost £600, 20% off in bulk would cost £480)

6 and above: Call us for a unique quote for your organisation.

## Company Accounts

A company training account is set with us when you purchase multiple accounts together. You will receive regular reports on your employees progress and results and receive a company certificate, as well as an individual certificate for each user. Please call us for a quote and an implementation plan customised to your unique requirements.

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# WHAT ARE THE ADVANTAGES?

Online cleaner training has many advantages over traditional classroom-based courses. The following are just a handful of the many advantages our cleaner training courses have over traditional classroom courses, making us a step above the rest.

## FLEXIBLE TIME MANAGEMENT



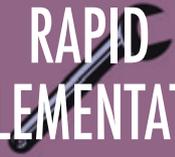
Study in your own time - anytime day or night!

## OWN PACE



Study at your own pace

## RAPID IMPLEMENTATION



Rapidly apply knowledge learnt to the working environment

## ADAPTABLE & FLEXIBLE



Courses can be adapted with existing cleaning equipment and products

## RAPID FEEDBACK & REPORTING



Immediate results and up to date progress reporting

## INDIVIDUAL OR BUSINESS



Suitable for individuals or a business with thousands of cleaners

## COST EFFECTIVE



No travelling and additional staff costs

## YEARS OF PRACTICAL EXPERIENCE



The courses are backed by years of practical cleaning experience

## STUDY GLOBALLY



Learn from anywhere in the world

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# ON ANY DEVICE

Our online training course can be viewed on a wide range of internet-connected devices, including smartphones. Plus, you can pick up where you left off as the progress of every student is recorded and tracked on the remote server.

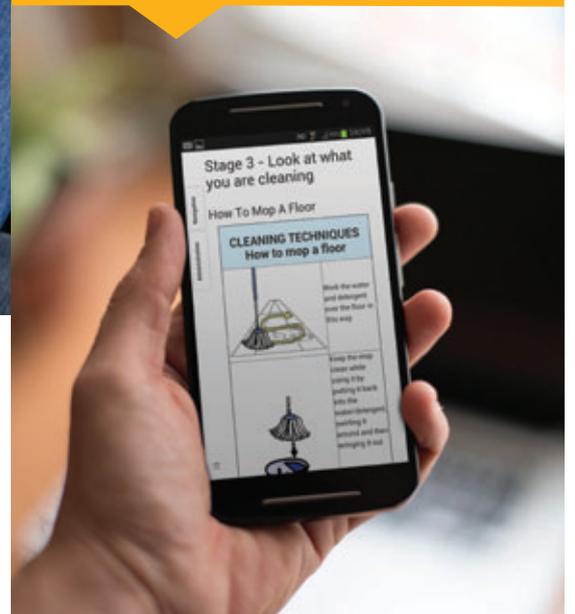
## LAPTOP OR DESKTOP COMPUTER



## TABLET



## SMARTPHONE



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